



## The P.L.A.Y. Project™

Play and Language for Autistic Youngsters

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[www.aacenter.org](http://www.aacenter.org)

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### Home Consultant Fact Sheet

- The P.L.A.Y. (Play and Language for Autistic Youngsters) Project™ Home Consultant Program is the central service of the project.
- The Home Consultants provide monthly home visits and uses videotape technology to give families detailed guidance about ways to implement the DIR/Floortime model of Stanley Greenspan MD at home.
- Home Consultation typically includes
  - 10 visits per year
  - 3 hour sessions roughly divided between 1 hour of modeling, 1 hour of coaching the family and 1 hour of feedback.
  - Selected videotaping of play interactions with written evaluations and feedback.
  - Assistance with IEP Goals
  - Video Review Program in combination with home visits (see Video Review Program Fact Sheet)
- The PLAY Project Home Consulting Program has a thorough program evaluation that includes:
  - Family satisfaction with consulting services
  - Documentation of progress using a combination of family information, various questionnaires/assessments and video rating scales.
- PLAY Consultants also provide resources for families about other types of comprehensive therapies (Speech & Language, Occupational Therapy, etc.)
- PLAY Project Home Consulting Programs are available in over 25 states. Check the listing at [www.playproject.org](http://www.playproject.org)



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(Play and Language for Autistic Youngsters)  
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## The PLAY Project Fact Sheet

- The P.L.A.Y. (Play and Language for Autistic Youngsters) Project™ is a set of programs designed to provide individualized interventions for young children with autistic spectrum disorders.
- The project is under the direction of Richard Solomon MD, a developmental and behavioral pediatrician who has had over 20 years of experience in working with young children with autistic spectrum disorders and their families.
- The mission of the project is to help young children (ages 2-7 years old) with autistic spectrum disorders and their families obtain interventions that are:
  - Time intensive (2-3 hours per day)
  - Integrated with school and other therapies
  - Developmental
  - Individualized and
  - Relationship-oriented

The interventions are based on the approach of Stanley Greenspan MD and Serena Wieder PhD and their DIR (Developmental, Individualized and Relationship-oriented) model.

- The P.L.A.Y. Project™ provides the following services:
  - Medical evaluation by Richard Solomon MD, Project Director at the Ann Arbor Center for Developmental and Behavioral Pediatrics.
  - Home based consultation. The P.L.A.Y. Consultant, home-based program provides monthly home visits and uses educational materials, a structured skill based approach, written and videotape feedback that gives families detailed guidance about ways to implement the DIR/Floortime model at home.
  - Community based trainings including workshops on the basics of The PLAY Project and use of play-based approaches to help children with high functioning autism gain social skills.
  - Agency trainings, provide a ‘train the trainer’ model that trains agency staff to replicate the The PLAY Project Home Consulting program in their community. Nearly 200 agency personnel have been trained in 25 states.
  - Research. Results of The PLAY Project Home Consultation model has been published\* and the project has received an NIMH grant to further evaluate efficacy.

Solomon R, Necheles J, Ferch C, Bruckman D, (2007) Pilot study of a parent training program for young children with autism: The PLAY Project Home Consultation program. *Autism* Vol 11(3) 205-224.