

# Assessing the Impact of our Cultural Experiences

Guy Thompson  
Child Welfare Training Institute  
Michigan Department of Human Services  
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## Cultural Knowledge

- Acquired knowledge that people use to interpret experience and generate behavior.

## Cultural Self Awareness

- Recognizing how one's own culture impacts their worldviews and their relationships with people who come from a culture different than their own.

## Why is Cultural Self Awareness important?

- Awareness leads to strengthened capabilities and more effective practice. Without self-awareness, we are more likely to lose objectivity, accuracy and sensitivity in our work across cultures.

## Why Self Awareness? *continued*

- Anyone who works with families has an obligation to seek knowledge about the person's culture in order to better understand ethnically related responses and concerns.

## Conceptual Framework

- Social Work as a Culture
- Framework for acquiring knowledge of other cultural systems
- Cognitive
- Affective Tone
- Presentation of Self
- Worker as Learner



# MY CULTURAL IDENTITY

- What were some of the messages I got growing up from my mother about being a member of an ethnic group?



- What were some of the messages I got growing up from my father about poverty and people who receive assistance?



- What were some of the messages that I got growing up from my extended family about marrying outside of my ethnic group?



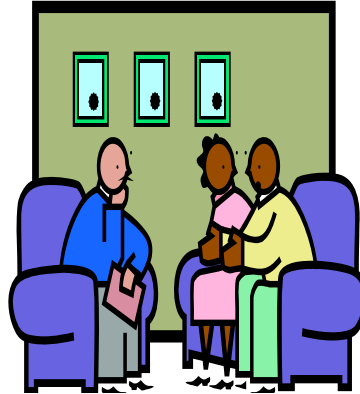
- What messages did I get from my family about providing support (Acting as an alternate parent) for family members during crisis times?



hinder your work with children and families? help and/or

## WHAT DO I NEED ?

- If a worker was assigned to me (my family), what would be important for them to know about the messages I/we bring from my background?
- What questions should they ask?



Thank You for your participation

